

**Informed Consent for Online Counseling Services with  
Teresa Kline, Licensed Professional Counselor**

Online counseling is an option with Teresa Kline. Although online counseling can be a convenient option, there are some drawbacks:

- Potential difficulty finding a private place
- Technical problems such as an unstable internet connection, poor sound or video quality which may contribute to less effective communication
- Potential limitations in your insurance coverage
- Less visibility of emotion, verbal expression, and body language compared to face-to-face sessions.
- Missed opportunities for psychological, physical, and social benefits associated with attending in-person
- Some types of interventions may be unavailable or less effective (e.g., EMDR)
- Emergencies: If you are in a mental health crisis or having a life-threatening emergency, go to the nearest hospital or call 911.

**Current option:**

1. No need to upload software. You will receive an Invite from Ring Central or Psychology Today to your preferred email address, at least 24 hours ahead of your scheduled session. Instructions to log on to the call will be included in the invite. Both options are fully HIPPA compliant.

**Email address to send virtual session invite:**

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I have read explanations above, and understand, and consent to receive online counseling.

Printed Client Name: \_\_\_\_\_

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_  
Client/Parent/Guardian